

Hand hygiene is an essential part of maintaining a healthy lifestyle, especially for children and adolescents. Proper handwashing can prevent numerous infections and illnesses such as diarrhea, respiratory infections, and other contagious diseases. In regions like Bihar, due to a lack of awareness and resources, many people do not understand the importance of hand hygiene, which leads to various health issues.

The aim of this project is to educate children and adolescents about the importance of handwashing and teach them the correct techniques to help them prevent infections and lead healthier lives.